

BRINGING BABY HOME

WORKSHOP FOR EXPECTING COUPLES OR NEW PARENTS



REGISTRATION OPEN NOW!

2020 Workshop Schedule Released!

Research shows that 67% of couples experience conflict, disappointment and hurt feelings between them after having children.

Developed by relationship and parenting experts, Dr. John and Julie Gottman, the Bringing Baby Home (BBH) program is a research-based workshop to provide you with the necessary tools to navigate parenthood together while maintaining a strong relationship.

Workshops led by Certified BBH Educators

2-DAY WORKSHOP DATES

Saturdays & Sundays

January 18 & 19

March 7 & 8

REGISTRATION INFORMATION

LOCATION

2577 Samaritan Drive, Suite 715 San Jose, CA 95124 408-962-9267 info@talkawhile.org

COST

\$450 per couple

Early Registration is \$400 per couple



You and your partner will learn how to do the following:

- Strengthen your partnership to maintain relationship satisfaction
- Work through conflict with greater ease
- Improve the way you and your partner communicate, connect and compromise
- Create positive parent-baby interactions
- Ensure quality involvement of both parents' strengths in infant caring